



## Swimming Pool Rules

- Children under age eighteen cannot use the swimming pool with a lifeguard on duty and cannot enter the pool until the lifeguard gives the go-ahead
- Children under age eighteen cannot use the whirlpool
- Adults should not swim alone
- All swimmers are required to take a cleansing shower before entering the pool or whirlpool
- No diving – shallow, 4' deep. Lap swimming only
- No running on decks
- No drinks, food or street shoes allowed in pool area
- No swimmer shall wear a swimsuit that is unclean
- No person suffering from a fever, cough, cold, inflammation of the eyes, nasal or ear discharges or any communicable disease is allowed to use the pool or whirlpool
- No person with sores or other evidence of skin disease or who is wearing a bandage or medical covering of any kind is allowed to use the pool or whirlpool
- No glass containers are permitted in the pool area
- No person shall bring or throw into the pool or whirlpool any object that may in any way carry contamination or endanger the safety of bathers
- The use of bathing caps is recommended for all swimmers and required for those with shoulder length hair
- Please observe posted courtesy rules for lane use
- No personal items may be stored near the edge and walkways
- Please wear appropriate swim wear
- Allow faster swimmers to pass
- Notify other swimmers before entering lane, then enter behind trailing swimmer
- No person shall spit in or in any other way contaminate the pool, or its floors, walkways, aisles, or dressing rooms
- All directions and instructions from the lifeguard or representative of the BAC must be followed. No exceptions
- In the event of a medical emergency, please call 911 and notify the staff. There is an AED located at the front desk
- If contaminants get into the pool or whirlpool, everyone must exit the pools immediately and then tell the front desk